

# Ændringer i de kirurgiske retningslinjer for NACT

- Udvidelse af indikationen til N+ patienter
- Anbefaling af tidsinterval mellem NACT og kirurgi
  - Rekonstruktion
  - Onkoplastik

# Senfølger efter aksilrømning

Spørgeskemaundersøgelse på 3.253 pt fra DBCG opereret 2005 - 2006

Lymfødem: 42 - 65%

Smerter: 43 - 58%

Føleforstyrrelser: 64 - 81%

Bevægeindskrænkning: 20 - 44%



Gärtner et al: JAMA, November 11, 2009, vol 302, No. 18

Gärtner et al: The Breast, 2010, s. 1 - 10

# Hvor mange downstages i aksillen efter NACT? Og hvem?

- Meta-analyse fra 2016
- Patienter, der er N+ før NACT
- I alt 3.398 patienter, fordelt på 19 studier

THE AMERICAN  
Journal of Surgery®

Review

**Is sentinel lymph node biopsy a viable alternative to complete axillary dissection following neoadjuvant chemotherapy in women with node-positive breast cancer at diagnosis? An updated meta-analysis involving 3,398 patients**



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pCR (aksil)= **39%** (21,5% - 83,9%)

Trend mod højere pCR ved N1 vs. N2-3

Ingen sammenhæng med receptorstatus eller type, men kun få studier rapporterer receptorstatus

Table 1 Characteristics of the included studies

Study	Design	Method of preneoadjuvant chemotherapy nodal disease verification	SLN IR	FNR	pCR rate	cCR (%)	ycN- only
Yagata et al, 2013 <sup>20</sup>	Prospective	Pathological (FNAC)	85.30%	15.70%	37.00%	NR	No
Rebollo-Aguirre et al, 2012 <sup>27</sup>	Prospective	Pathological in 24/37 node-positive patients. The rest were proven by physical examination and/or radiologically (USS)	92%	8.30%	67.50%	NR	No
Kim et al, 2015 <sup>15</sup>	Prospective	Pathological (FNAC)	96%	10%	20.20%	NR	No
Koslow et al, 2014 <sup>29</sup>	Prospective	Physical examination and radiological	98%	8.30%	NR	NR	No
Boughey et al, 2013 <sup>22</sup>	Prospective	Pathological (FNAC or CNB)	92.90%	12.60%	41%	83.9	No
Rebollo-Aguirre et al, 2013 <sup>18</sup>	Prospective	Pathological in 84.9%	84.90%	8.30%	NR	NR	Yes
Alvarado et al, 2012 <sup>30</sup>	Prospective	Pathological (FNAC)	93%	20.80%	42%	52.7	No
Takei et al, 2013 <sup>24</sup>	Prospective	Physical examination and radiological (USS + mammo)	NR	8.20%	NR	NR	No
Thomas et al, 2011 <sup>19</sup>	Prospective	Pathological	86.67%	20%	NR	NR	Yes
Lanavese et al, 2011 <sup>22</sup>	Prospective	Physical examination and radiological (USS, negative disease confirmed by PET-CT scan)	93.80%	5.10%	34.40%	62.5	No
Ozmen et al, 2010 <sup>16</sup>	Prospective	Pathological (FNAC)	92%	13.70%	28.20%	26.0	Yes
Shen et al, 2007 <sup>5</sup>	Prospective	Pathological (FNAC)	92.80%	25%	28.60%	58.0	No
Classe et al, 2009 <sup>33</sup>	Prospective	Pathological (CNB)	90%	11.50%	NR	21.5	No
Boileau et al, 2015 <sup>11</sup>	Prospective	Pathological	87.60%	8.40%	34.60%	NR	No
Park et al, 2013 <sup>17</sup>	Prospective	Pathological (FNAC)	94.90%	22%	40.80%	40.8	No
Brown et al, 2010 <sup>23</sup>	Prospective	Pathological (FNAC)	NR	22%	30.20%	NR	No
Kang et al, 2011 <sup>14</sup>	Prospective	Pathological (FNAC)	95.70%	17.10%	28.80%	34.8%	No
Lee et al, 2007 <sup>26</sup>	Prospective	Pathological (FNAC) or radiological (USS and PET-CT)	77.60%	5.60%	21.50%	21.5	No
Kuehn et al, 2013 <sup>25</sup>	Prospective	Pathological (FNAC or CNB) in 25%. The rest by physical examination and radiological (USS)	80.10%	14.20%	89.00%	82.8	Yes

Tove Filter  
 cCR clinically complete response of axillary lymph nodes to NAC; CNB core needle biopsy; FNAC fine needle aspiration cytology; FNR false negative rate; IR identification rate; NR not reported; pCR pathological complete response; PET-CT positron emission tomography-computed tomography; SLN sentinel lymph node; USS ultrasound scan; ycN clinically node-negative patients after NAC.

## Impact of receptor phenotype on nodal burden in patients with breast cancer who have undergone neoadjuvant chemotherapy

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284 N+ patienter før NACT

Luminal A	54%
Luminal B	22%
HER2+	13%
TNBC	10%

pCR i aksil = **37,4%**

Receptor phenotype				
Luminal A	Luminal B–Her2	Her2-overexpressing	Basal-like	Total
35 (22.9)	28 (44)	27 (77)	15 (52)	105 (37.4)



ORIGINAL ARTICLE – BREAST ONCOLOGY

## How Often Does Neoadjuvant Chemotherapy Avoid Axillary Dissection in Patients With Histologically Confirmed Nodal Metastases? Results of a Prospective Study

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195 N+ før NACT

55% ER pos

16% ER-/HER2+

29% TNBC

pCR i aksillen = **49%**

**TABLE 2** Rates of pathologic complete response in entire cohort ( $n = 195$ ) stratified by receptor status

Receptor status	Overall pCR (ypT0 N0)		Nodal pCR (ypN0)		Breast pCR (ypT0) <sup>a</sup>			Breast pCR (ypT0/is) <sup>a</sup>		
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>p</i> value <sup>b</sup>	<i>n</i>	%	<i>p</i> value <sup>b</sup>
Any	47/195	24	96/195	49	53/193	28	<0.0001	71/193	37	<0.0001
ER+ HER2-	3/73	4	15/73	21	4/73	5	0.03	7/73	10	0.003
ER+ HER2+	13/37	35	26/37	70	17/37	46	0.5	22/37	59	0.3
ER- HER2+	17/30	57	29/30	97	17/30	57	0.4	21/30	70	0.3
ER- HER2-	14/55	25	26/55	47	15/53	28	0.0005	21/53	40	<0.0001

pCR pathologic complete response, ER estrogen receptor, PR progesterone receptor

<sup>a</sup> Two patients with occult breast primary, excluded from analysis

<sup>b</sup> *p* value calculations performed vs nodal pCR



# ACOSOG Z1071 (Alliance)

- Prospektivt multicenter trial, 2009 – 2011
- 525 patienter (136 centre)
- **Klinisk node positive** før NACT
- Eksision af 2 eller flere SN efter NACT samt efterfølgende ALND

Andel med aksil pCR fordelt på subtyper		
Alle	694	285 <b>(41,1%)</b>
ERpos/HER2neg	317	67 (21,1%)
HER2pos	207	134 <b>(64,7%)</b>
TNBC	170	84 (49,4%)

## Konklusion:

Hos N+ patienter bliver

ca 50 % TNBC

ca 70% HER2 pos BC

N- efter NACT og kan spares en aksilrømning

Alle disse patienter tilbydes i forvejen kemoterapi

Forslag til retningslinjeændring:

- **NACT tilbydes til N+ patienter med TNBC eller HER2 pos BC uanset tumorstørrelse.**

# Hvad er det optimale tidsinterval mellem NACT og rekonstruktion/onkoplastik?

## Impact of Neoadjuvant Chemotherapy on Immediate Breast Reconstruction: A Meta-Analysis

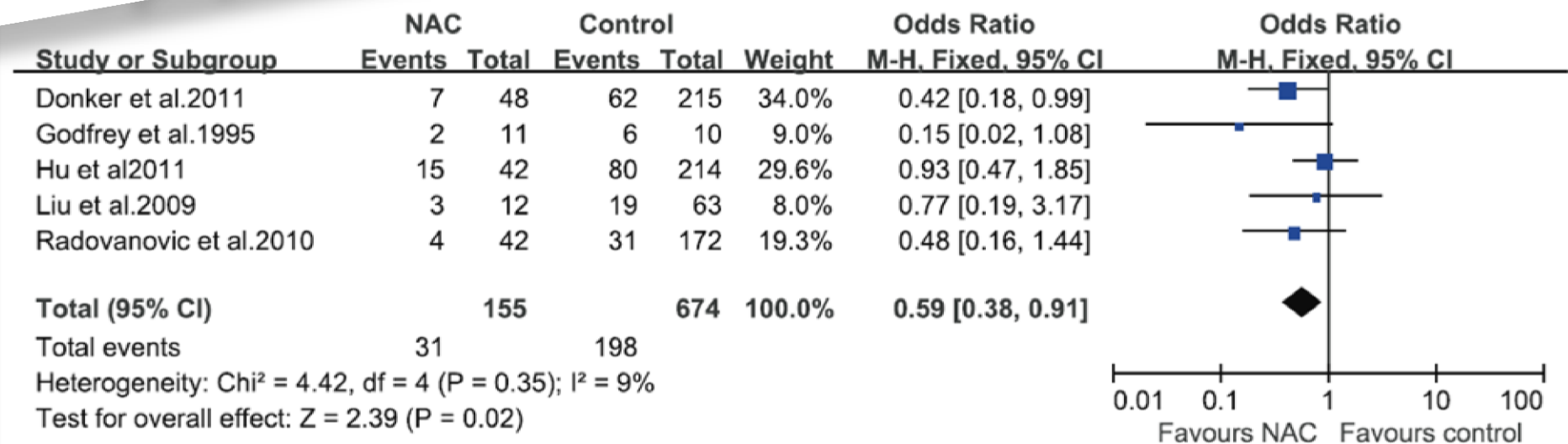
Junlong Song<sup>1</sup>, Xiang Zhang<sup>1</sup>, Qiang Liu<sup>2</sup>, Jianheng Peng<sup>1</sup>, Xinjie Lian<sup>1</sup>,  
Hongyuan Li<sup>1\*</sup>

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**Ingen oplysninger om tidsinterval**

11 studier

1840 patienter



# Nyere studier: rekonstruktion

Ann Surg Oncol (2019) 26:2768–2772  
<https://doi.org/10.1245/s10434-019-07418-4>

Annals of  
**SURGICAL ONCOLOGY**  
OFFICIAL JOURNAL OF THE SOCIETY OF SURGICAL ONCOLOGY



ORIGINAL ARTICLE – BREAST ONCOLOGY

## Neoadjuvant Chemotherapy and Nipple-Sparing Mastectomy: Timing and Postoperative Complications

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Retrospektivt studie,  
832 patienter hvoraf 88  
får NACT

Komplikationsrate 10,1 %

Ingen forskel mellem  
NACT vs primær kirurg

Gennemsnit 40 dg  
mellem NACT og Kirurgi

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## Tidsinterval mellem NACT og OP

<4 uger	4 – 6 uger	>6 uger
19,0 %	41,7 %	39,3 %

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Ingen signifikant forskel i komplikationsraten mellem tidsperioderne

Univariat analyse  $p=0.333$

Multivariat analyse  $p=0,141$   
(BMI, alder, rygning, RT, bryststørrelse)

# Nyere studier: Onkoplastik

Ann Surg Oncol (2019) 26:2730–2737  
<https://doi.org/10.1245/s10434-019-07408-6>

Annals of  
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ORIGINAL ARTICLE – BREAST ONCOLOGY

## Neoadjuvant Chemotherapy does not Increase Complications in Oncoplastic Breast-Conserving Surgery

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Retrospektivt studie over 429 patienter, hvoraf 122 fik NACT

Overall complicationrate: 25,9%  
Major complications: 9,1%

Ingen forskel mellem NACT og primær kirurgi

## Tidsinterval mellem NACT og OP

≤ 4 uger

>4 uger

32 patienter

88 patienter

**TABLE 4** Univariate and multivariate analyses of overall complications for patients undergoing oncoplastic breast-conserving surgery who received neoadjuvant systemic chemotherapy

Variable	Univariate analysis		Multivariate analysis	
	OR (95% CI)	<i>p</i> Value	OR (95% CI)	<i>p</i> Value
Surgery >4 weeks after preoperative chemotherapy versus ≤4 weeks	0.89 (0.36–2.21)	0.81	–	–
Taxol chemotherapy	1.05 (0.40–2.76)	0.92	–	–
BMI (continuous)	1.07 (1.03–1.11)	< 0.001	1.08 (1.02–1.13)	0.006
Diabetes mellitus	2.70 (1.05–6.97)	0.04	–	–
Hypertension	1.93 (0.84–4.41)	0.12	–	–
Immediate contralateral mastopexy for symmetry (per breast)	0.34 (0.15–0.80)	0.013	0.17 (0.07–0.46)	0.002
Preoperative WBC count	1.13 (1.04–1.24)	0.005	1.16 (1.06–1.28)	0.001
Preoperative ANC	1.16 (1.02–1.33)	0.024	–	–

OR odds ratio, CI confidence interval, BMI body mass index, WBC white blood cell, ANC absolute neutrophil count

**Konklusion:** Meget sparsom evidens

Forslag til retningslinje:

- **Rekonstruktion eller onkoplastik kan tilbydes udvalgte patienter minimum 3 – 4 uger efter NACT, afhængig af type kemoterapi**