

DBCG

Adjuverende endokrin terapi

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16th ACTA ONCOLOGICA SYMPOSIUM



Endokrin behandling i DBCG

Program	Menopause status	
	Præ	Post
77	0	0
82	0	TAM 1 år
89	0	TAM 1-5 år
99 og 01	TAM 5 år	TAM 5 år

07	TAM 5 år	AI 5 år (jan 09)
10		Endokrin behandling, hvis ER > 1%
13	TAM i 10 år	AI 5 år og yderligere AI til N+, hvis TAM i 5 år
15	OvS + TAM/AI hvis < 35 år og "høj-risiko"	AI 5 år



at også bare lidt behandling gavner.....

**LÆNGERE OG LÆNGERE
BEHANDLINGER...**

ORIGINAL ARTICLE

Two years of tamoxifen or no adjuvant systemic therapy for patients with high-risk breast cancer: long-term follow-up of the Copenhagen breast cancer trial

Acta Oncol 2018 Jan;57(1):26-30

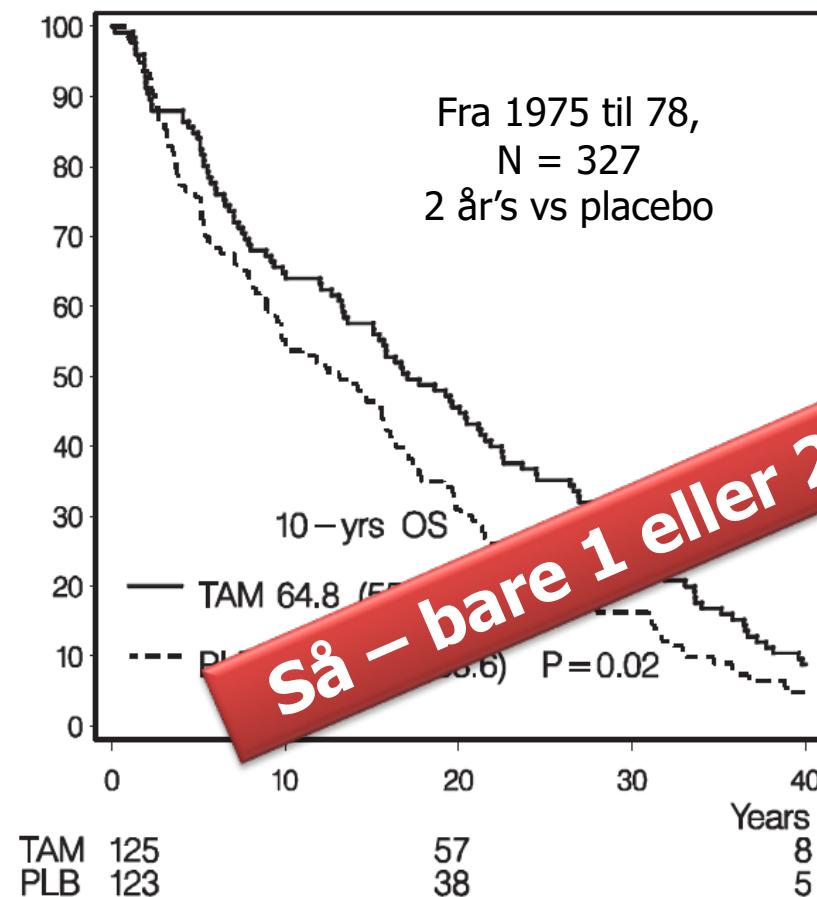
Maj-Britt Jensen^a, Jens Fabricius Krarup^a, Torben Palshoff^b, Henning T. Mouridsen^a and Bent Ejlerksen^c

Estrogen receptor, Progesterone receptor, HER2 status and Ki67 index and responsiveness to adjuvant tamoxifen in postmenopausal high-risk breast cancer patients enrolled in the DBCG 77C trial

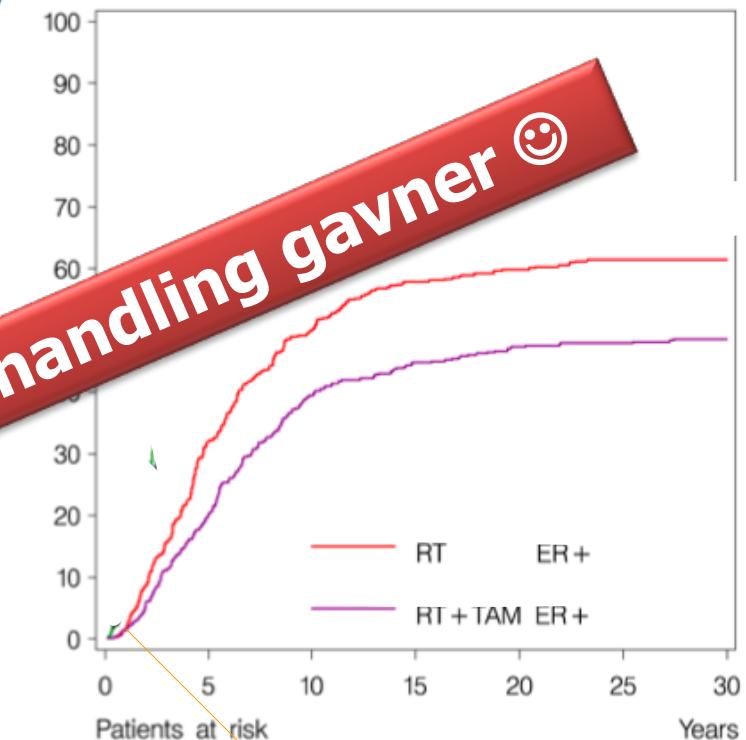
Eur J of Cancer 2014,

Ann S. Knoop^{a,b,*}, Anne-Vibeke Lænholm^a, Maj-Britt Jensen^c, Kirsten V. Nielsen^d, Jørn Andersen^c, Dorte Nielsen^f, Bent Ejlerksen^{b,c}, for the Danish Breast Cancer Cooperative Group

(D) Overall Survival (%)

**B**

Breast Cancer Mortality, %

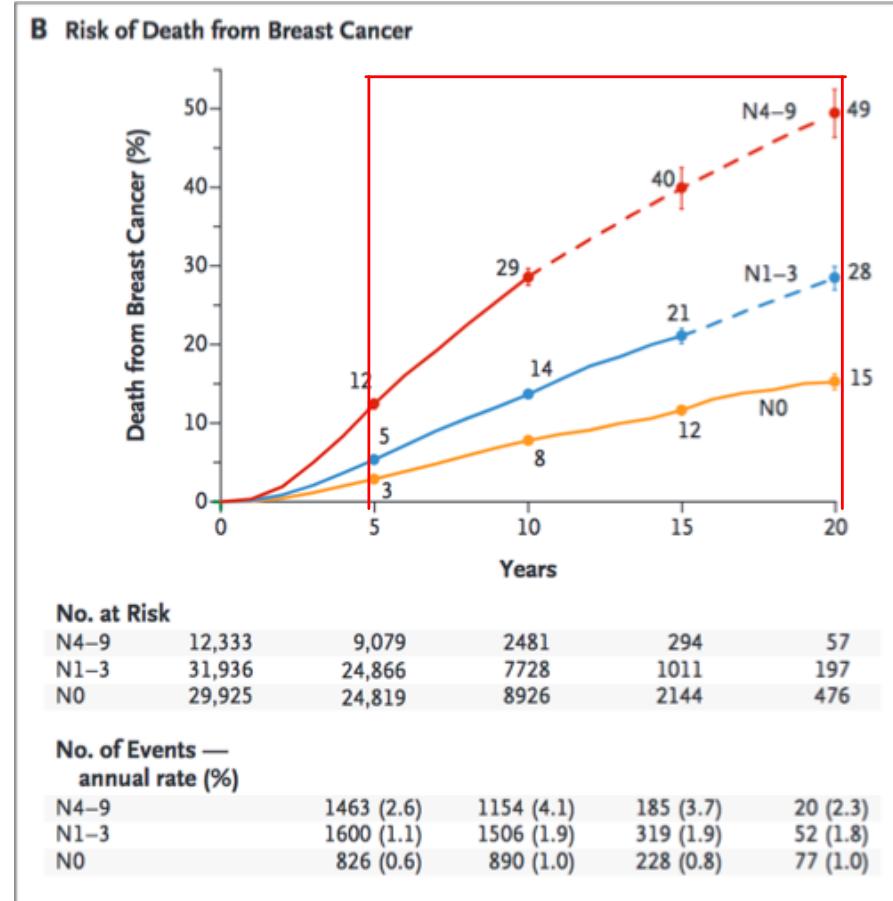
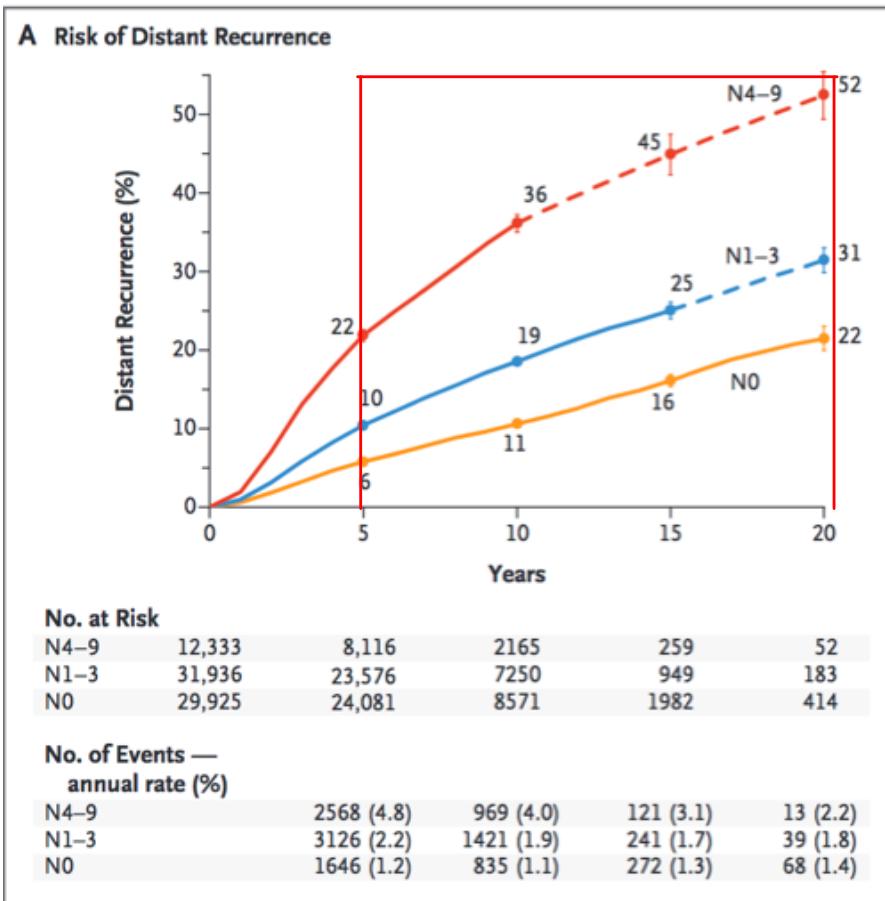


Så – bare 1 eller 2 år's behandling gavner ☺

Rose C, et, al. Breast Cancer Res Treat 1983.
Rose C, et al. Lancet 1985



Risiko for fjern recidiv eller død af brystkræft gennem en 20 års periode



Siden 2008

Forlænget endokrin behandling og ovariel supression

ENDOKRIN BEHANDLING TIL PRÆ-MENOPAUSALE KVINDER MED BRYSTKRAËFT

TAMOXIFEN 10 VS. 5 ÅR

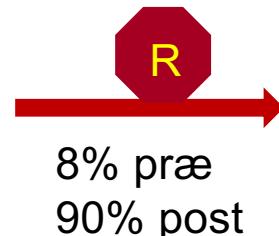
Tamoxifen længere end 5 år?

Studies of 5 vs. 10 years of Tamoxifen

Trial and Year	Number Randomized	Recruitment Period	Follow Up (years)
ECOG 1996	194	1982-1987	5.6
NSABP B-14 2001	1172	1987-1994	6.8
Scottish 2001	242	1985-1989	15
ATLAS 2012	6846	1996-2005	7.6
aTTOM 2013	6953	1991-2005	15

ATLAS (53% Erpos) & aTTom (40% Erpos)

Brystkræftpatienter, der efter 5 års behandling med tamoxifen – ikke havde tegn på recidiv



Yderligere 5 år på TAM

	Tilbagefald efter 10 års behandling	Tilbagefald efter 15 år	Brystkræft dødelighed år 15
ATLAS	1.4	2.7 (S)	3 (S)
aTTom		4 (S)	3 (NS)
Tab #			0.2%

#:
endometrie cancer,
emboli

Estimeret absolut effekt på brystkræftdødelighed år 15 – 0 vs 10 år:
12%

Meta-analysis-1 (2013) - blandet tidligere endokrin behandling

N= 29.138		AI (7.584)	ABCSGa-6, MA17, B33
ER+:Hovedsalige Post menopausale pt.	5 års TAM 14.540		
		Tamoxifen (21.554)	ATLAS, Scottish, ECOG, B14

OS Odds Ratio 0.89

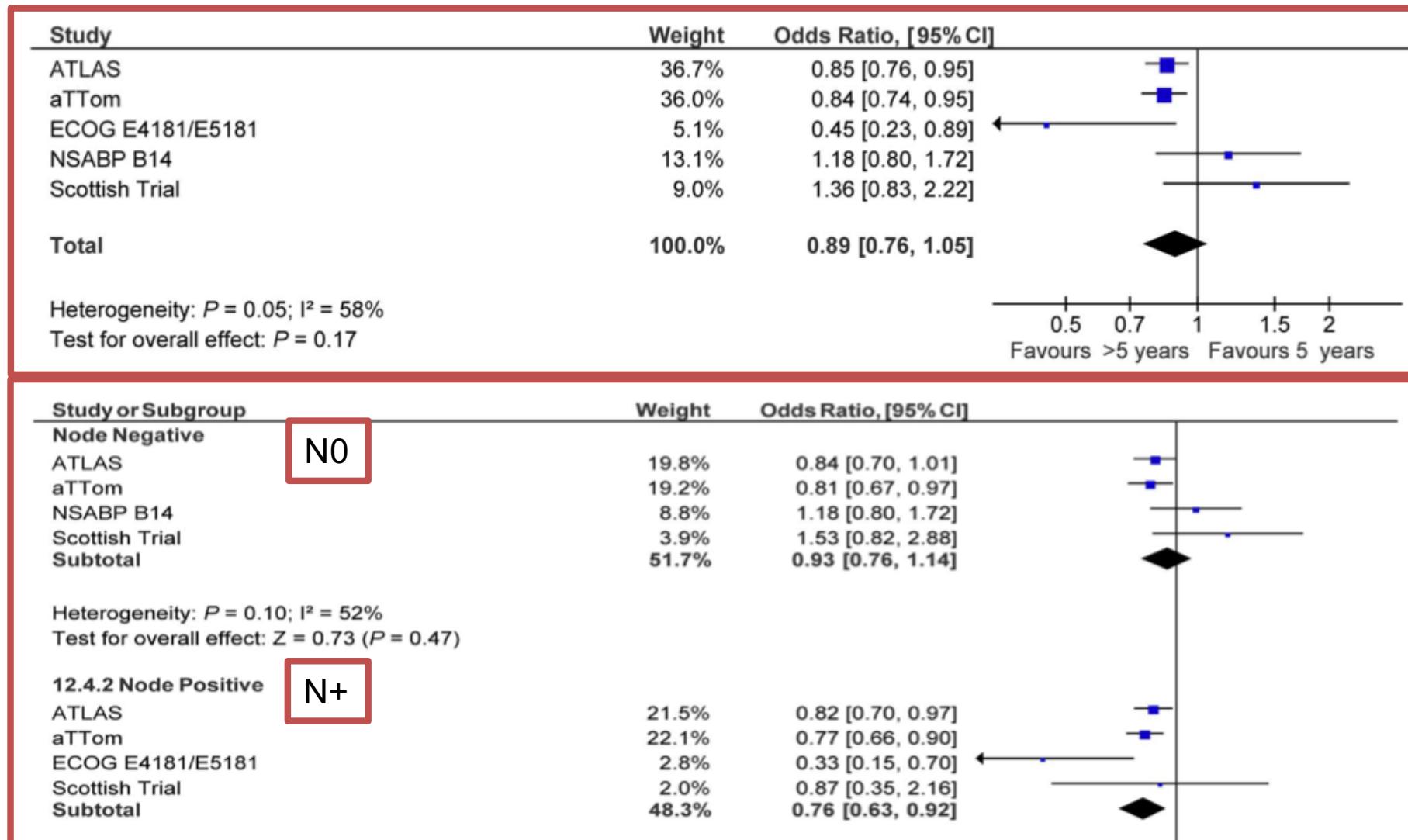
BCSS Odds Ratio 0.78

RFS Odds Ratio 0.72

Fjernrecidiver reduceret med 13%

Meta-analysis-2 (2014) – kun tamoxifen

Breast Cancer Recurrence



Meta-analysis-2 (2014); absolut forskel 5 vs 10 år og NNT

Event	Ref	AR	NNT
Tilbagefald - alle	1-3	2	57
Tilbagefald (ER+)	1-3	3	38
Fjern metastaser	2	1	79

1: JNCI 93: 456-462: Scottish Trial

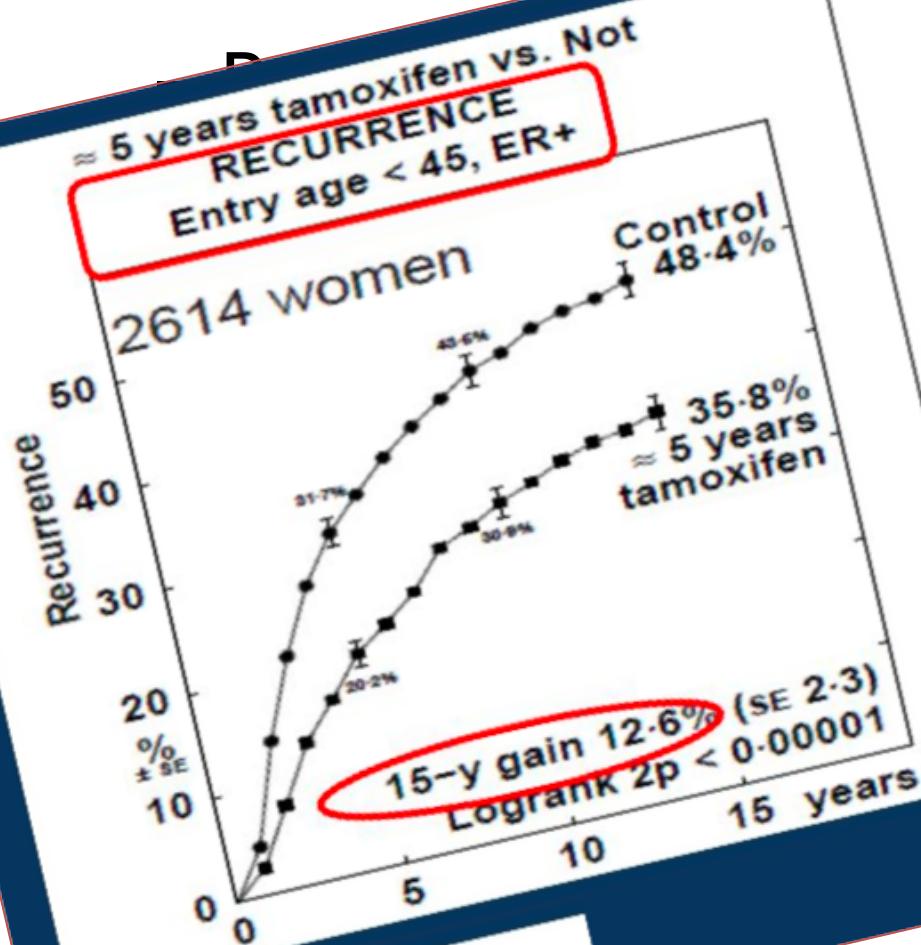
2: Lancet 12: ATLAS

3: EJC 13; abstract 1860: aTTom

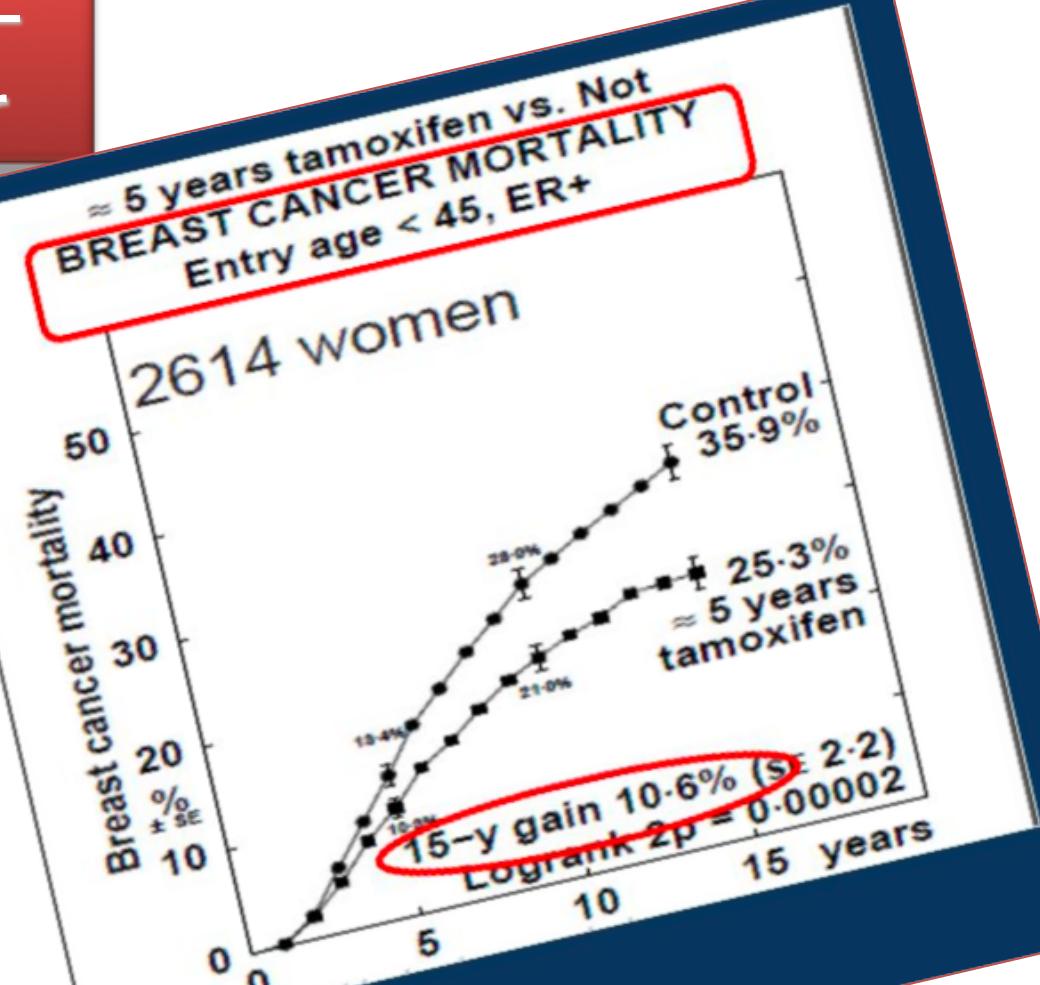
OVARIEL SUPRESSION OG ENDOKRIN BEHANDLING

1998: Tamoxifen i 5 år –
2013: Tamoxifen i 10 år

- Tamoxifen:



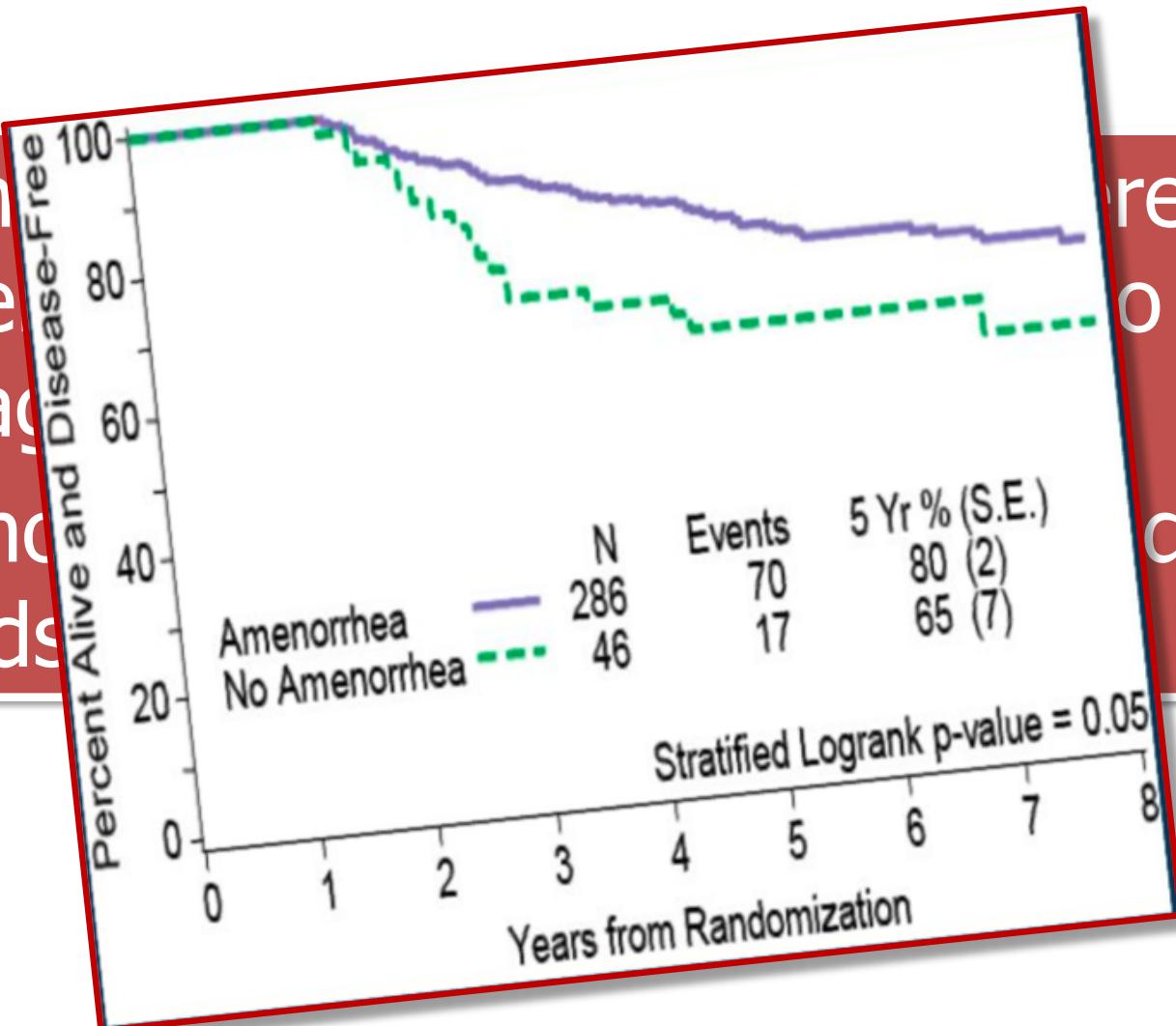
EBCTCG, Lancet 2011



EBCTCG 2011

Baggrund for OvS (Ovariel Supression)

- Kvinder med amenorrhea tilbage i ovarene
- Kemoterapi kan sandsynliggøre amenorrhea



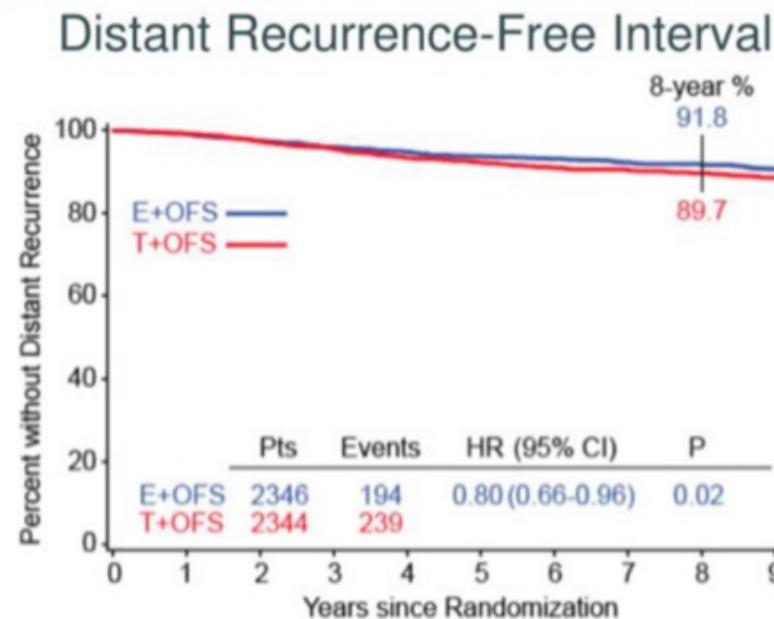
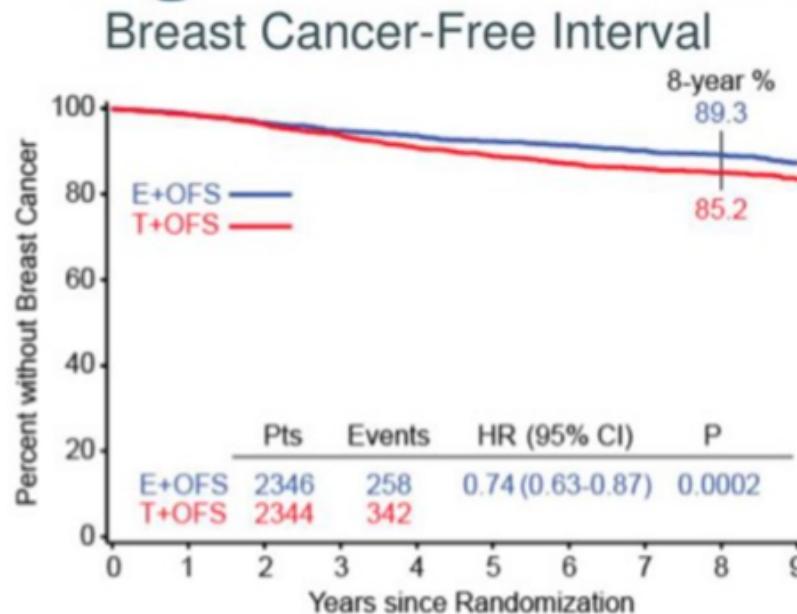
TEXT & SOFT design N = 4690

PRÆ ERpos	+/- kemo OVS start inden beh	TEXT: 2672	TAM + OFS 5 yr. ExE + OFS 5 yr.
PRÆ ERpos	1. Ingen kemo 2. Præ 8 mdr. efter op. og kemo	SOFT: 3063	1. TAM 2. TAM + OFS 5 yr. 3. ExE + OFS 5 yr.

9 yrs follow-up – San Antonio dec. 2017

Joint analyses (TEXT & SOFT)

Significant Reductions in Recurrence

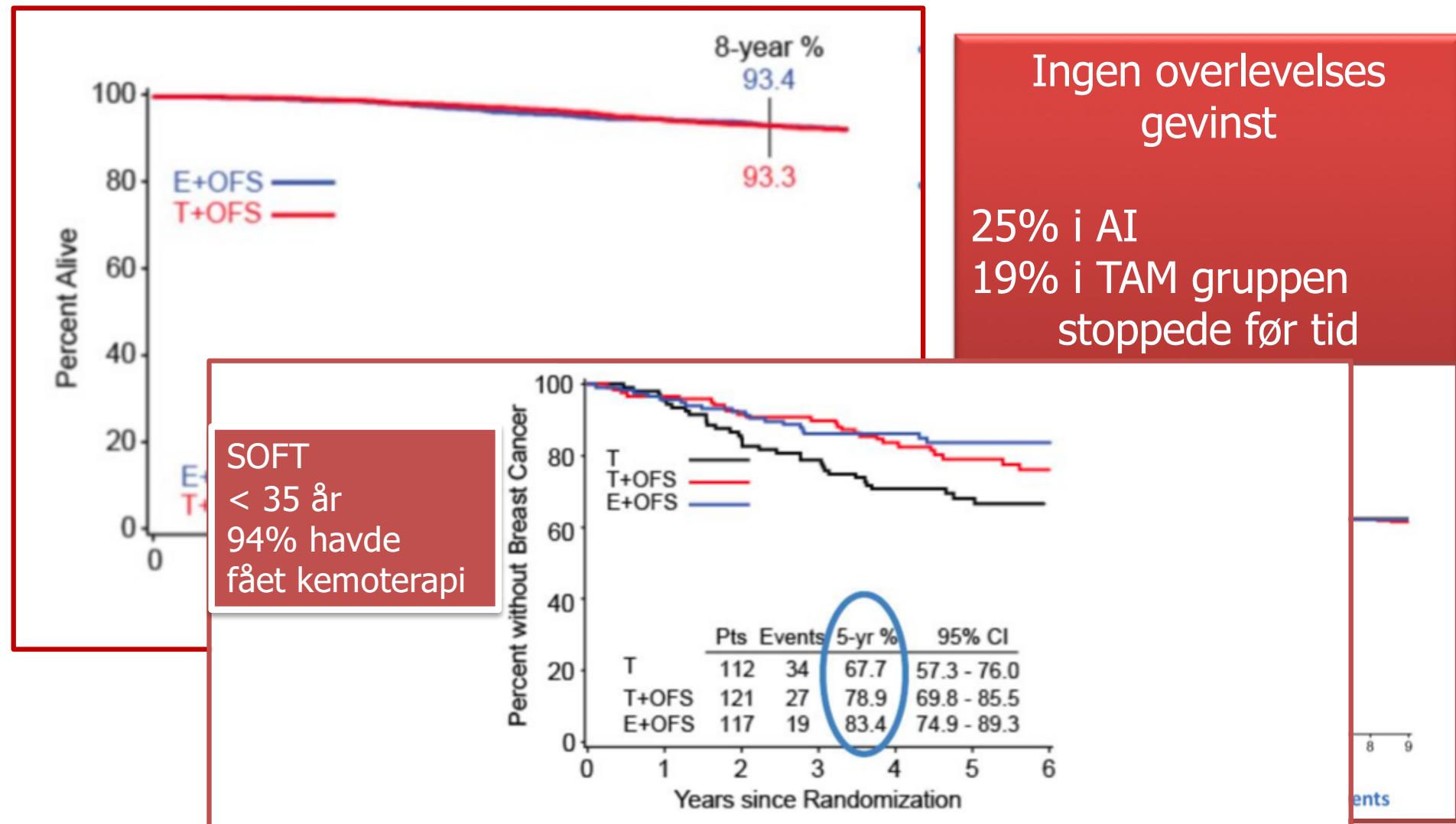


4.1% absolute improvement in 8-yr freedom from breast cancer for E+OFS

2.1% absolute improvement in 8-yr freedom from distant recurrence for E+OFS

Flere endometriekancer og trombose/embolier (grad 2-4) i TAM + OFS
Flere led/muskelsmerter, knogle-hændelser i AI + OFS

Joint analyses (TEXT & SOFT) OS



Siden 2008

AI (uanset hvilken) som primær behandling og evt. forlænget?

ENDOKRIN BEHANDLING TIL POST-MENOPAUSALE KVINDER MED BRYSTKRAÆFT

J Clin Oncol. 2017 Apr 1;35(10):1041-1048. doi: 10.1200/JCO.2016.69.2871. Epub 2017 Jan 23.

Comparative Efficacy and Safety of Adjuvant Letrozole Versus Anastrozole in Postmenopausal Patients With Hormone Receptor-Positive, Node-Positive Early Breast Cancer: Final Results of the Randomized Phase III Femara Versus Anastrozole Clinical Evaluation (FACE) Trial.

Smith I¹, Yardley D¹, Burris H¹, De Boer R¹, Amadori D¹, McIntyre K¹, Ejlersen B¹, Gnant M¹, Jonat W¹, Pritchard KI¹, Dowsett M¹, Hart L¹, Poggio S¹, Comarella L¹, Salomon H¹, Wamil B¹, O'Shaughnessy J¹.

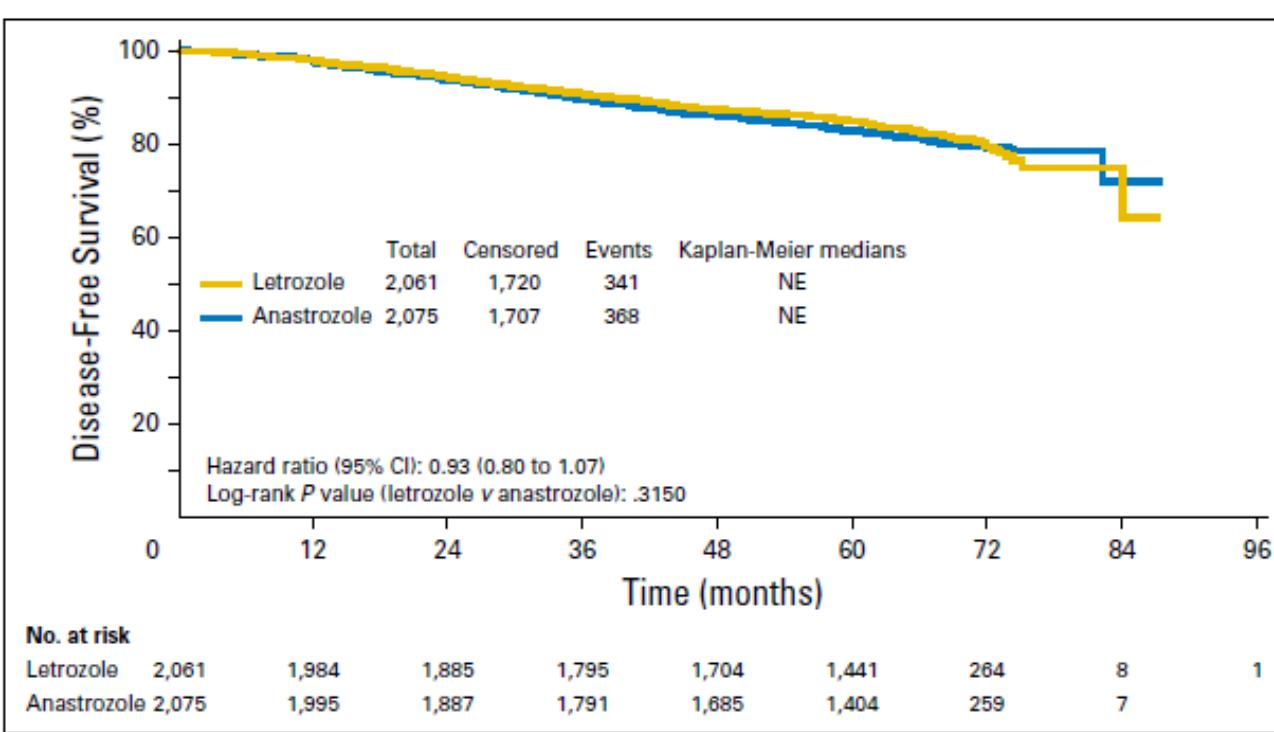
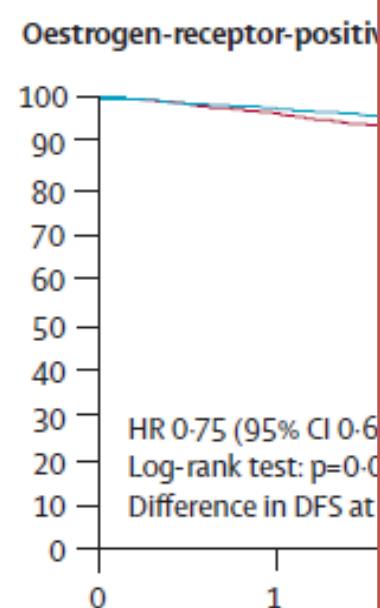


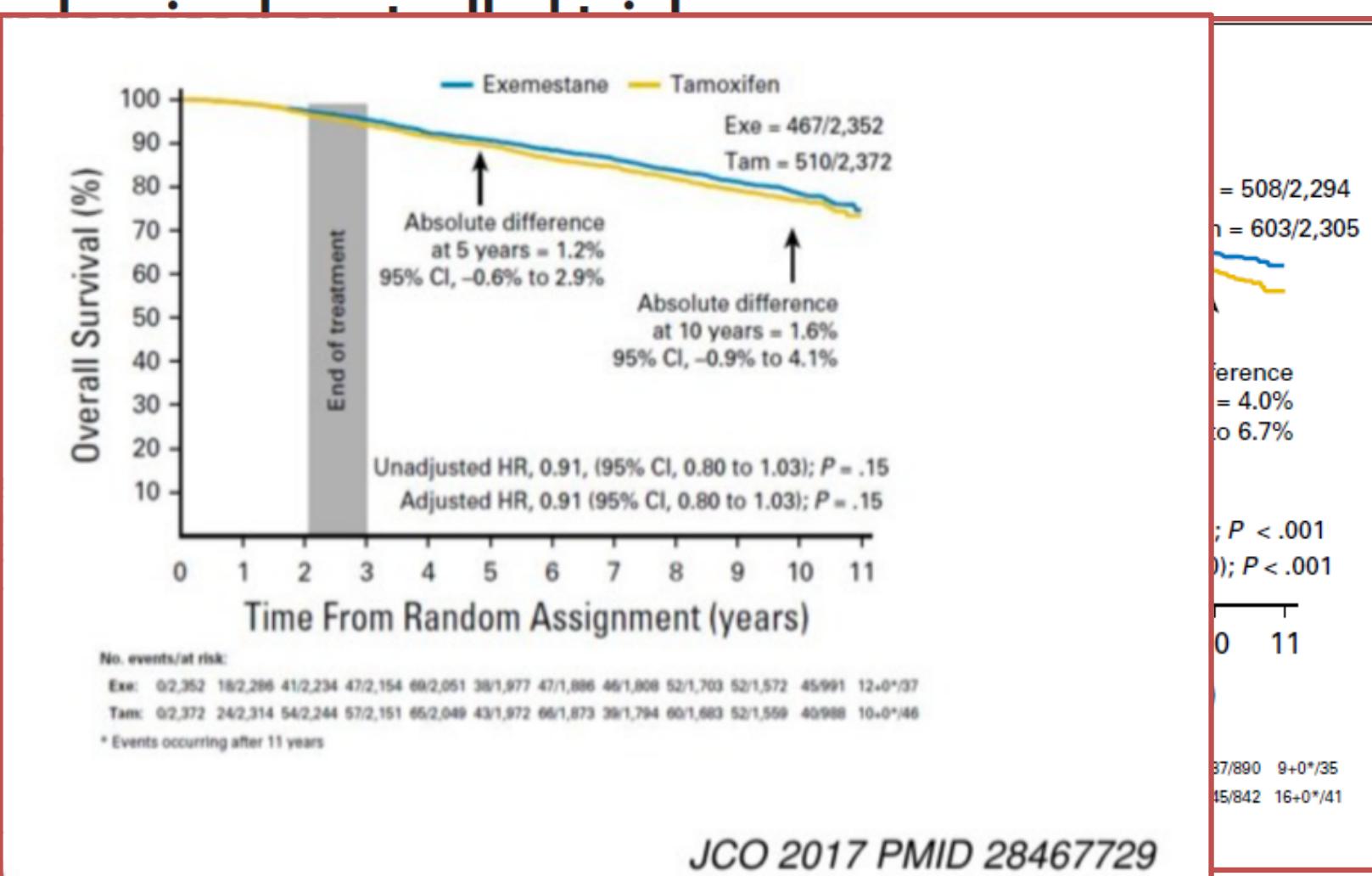
Fig 1. Disease-free survival. NE, non-evaluable.

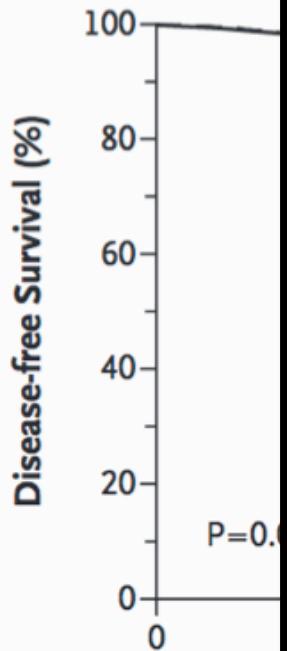
Survival and safety of exemestane versus tamoxifen after 2–3 years' tamoxifen treatment (Intergroup Exemestane Study): a randomised controlled trial



Randomisation (years)

16	0/2296	55/2191
12	0/2306	81/2190



**Letrozole**

No. at risk 4003
Disease-free survival (%)

Tamoxifen

No. at risk 4007
Disease-free survival (%)



Figure 1. Kaplan-Meier E

N Engl J Med 2005
N Engl J Med 2009

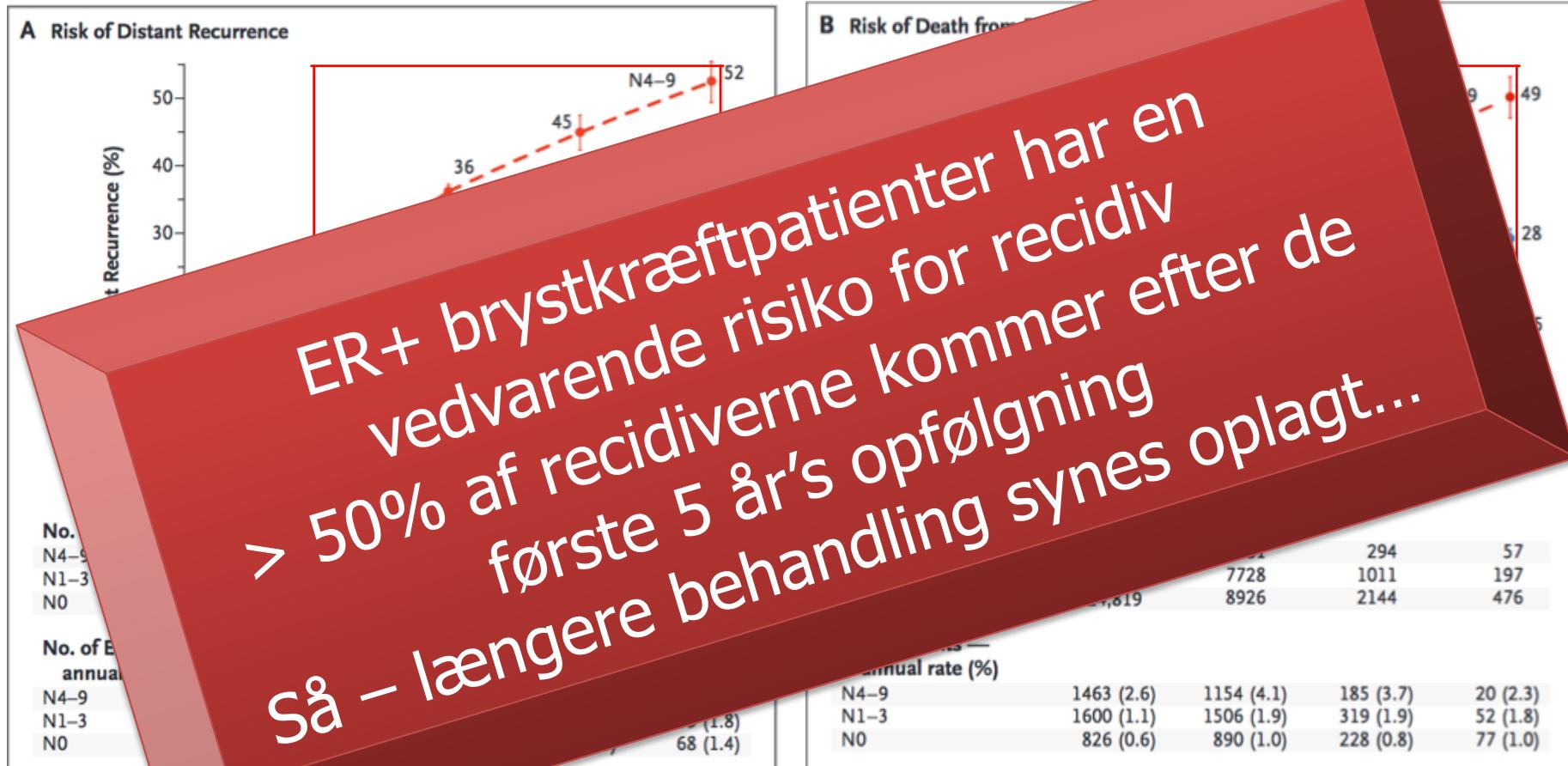
Adjuvant AI in postmenopausal woman is superior to tamoxifen

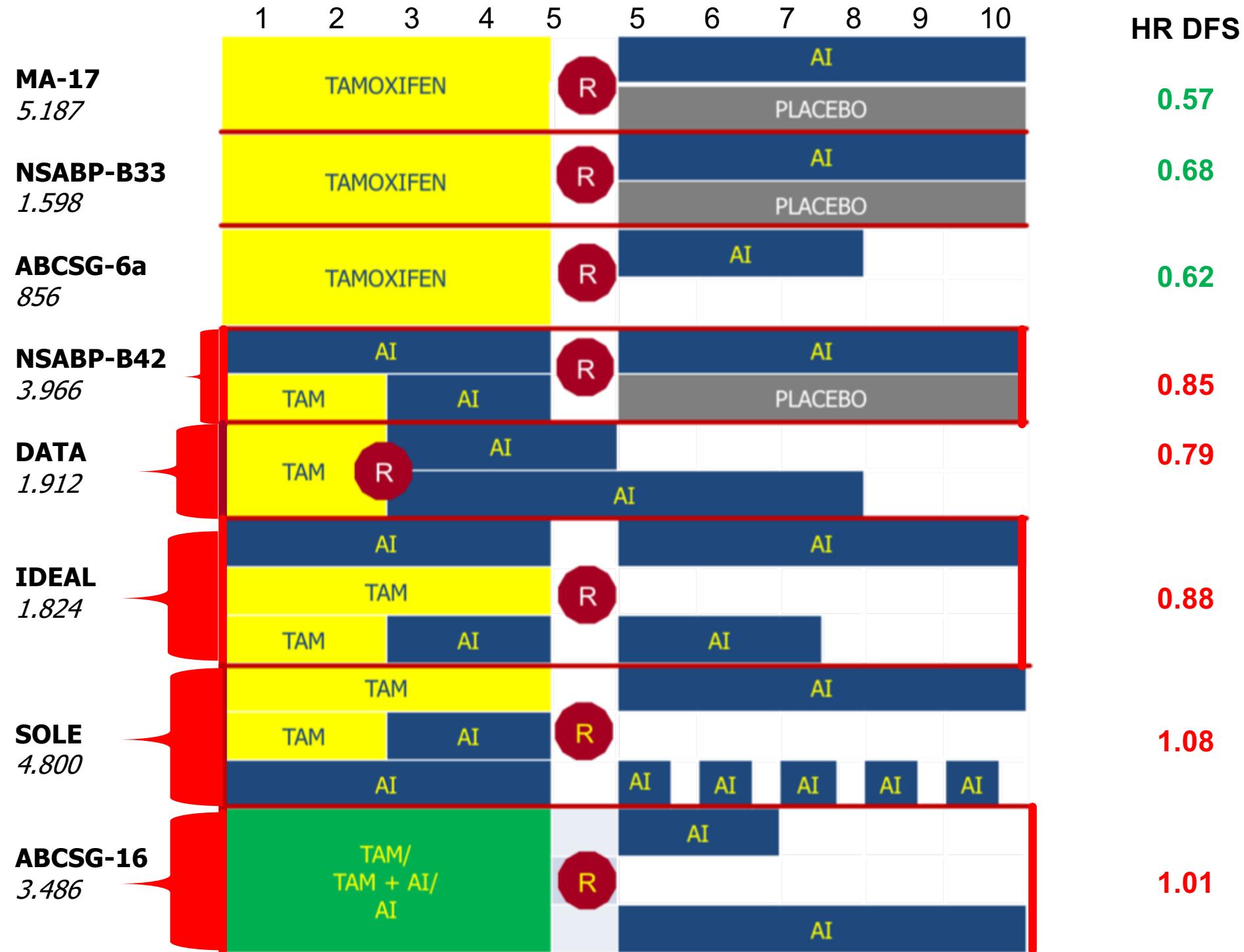
5 years of tamoxifen vs none: EBCTCG previous meta-analysis ¹ (n=10 645)		5 years of aromatase inhibitor vs 5 years of tamoxifen: present meta-analysis (n=34 882)		5 years of aromatase inhibitor vs none: estimated effects (product of two RRs†)		
	RR (95% CI)	p value	RR (95% CI)	p value	RR (95% CI)	p value
Breast cancer recurrence						
During years 0–4	0.53 (0.48–0.57)	2p<0.0001	0.70 (0.64–0.77)	2p<0.0001	0.37 (0.33–0.42)	2p<0.0001
During years 5–9	0.68 (0.60–0.78)	2p<0.0001	0.92 (0.83–1.01)	2p=0.082	0.63 (0.53–0.74)	2p<0.0001
Breast cancer mortality						
During years 0–4	0.71 (0.62–0.80)	2p<0.0001	0.79 (0.67–0.92)	2p=0.002	0.56 (0.46–0.68)	2p<0.0001
During years 5–9	0.66 (0.58–0.75)	2p=0.0001	0.91 (0.80–1.02)	2p=0.12	0.60 (0.50–0.72)	2p<0.0001

EBCTCG=Early Breast Cancer Trialists' Collaborative Group. RR=rate ratio. *Estimated from the aggregated data (upper inhibitor vs none (RR₃) is obtained by direct multiplication of the rate ratio for 5 years of tamoxifen vs none (RR₁) by the rate ratio for 5 years of aromatase inhibitor vs 5 years of tamoxifen (RR₂) estimated from the aggregated data; 95% confidence limits for RR₃ are $\exp[(o-e)_1/v_1 + (o-e)_2/v_2 - 1.96\sqrt{1/v_1 + 1/v_2}]$ and $\exp[(o-e)_1/v_1 + (o-e)_2/v_2 + 1.96\sqrt{1/v_1 + 1/v_2}]$, respectively, where (o-e) and v are the observed minus expected statistics and their variances for the comparisons of 5 years of tamoxifen vs none and 5 years of aromatase inhibitor vs 5 years of tamoxifen (estimated from aggregated data from trials contributing to subtotal (a) in figure 4).

Table: Estimation of the effect of 5 years of an aromatase inhibitor versus no endocrine treatment

Risiko for fjern recidiv eller død af brystkræft gennem en 20 års periode





Meta-analysis

Meta-analysis: Extended AI Therapy

Forest Plot for Disease-free Survival According to Nodal involvement

Study or Subgroup

Node negative

	Weight	Hazard Ratio [95% CI]
ABCSG 6a	3.3%	0.61 [0.31, 1.20]
MA17R	4.9%	0.72 [0.43, 1.22]
MA17	5.5%	0.45 [0.28, 0.73]
NSABP B33	3.0%	1.13 [0.55, 2.33]
DATA	5.9%	0.94 [0.59, 1.50]
IDEAL	6.1%	1.40 [0.89, 2.20]
NSABP B42	12.9%	0.86 [0.69, 1.07]
Subtotal (95% CI)	41.5%	0.83 [0.64, 1.08]

Heterogeneity: $P = 0.04$; $I^2 = 55\%$

Test for overall effect: $P = 0.16$

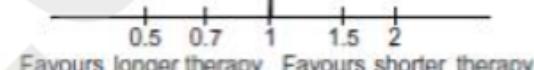
Node positive

	Weight	Hazard Ratio [95% CI]
ABCSG 6a	4.2%	0.61 [0.34, 1.09]
MA17R	7.6%	0.63 [0.43, 0.92]
MA17	9.5%	0.61 [0.45, 0.83]
NSABP B33	4.7%	0.50 [0.29, 0.86]
DATA	9.1%	0.72 [0.52, 1.00]
IDEAL	10.9%	0.85 [0.65, 1.11]
NSABP B42	12.5%	0.85 [0.68, 1.06]
Subtotal (95% CI)	58.5%	0.72 [0.63, 0.83]

Heterogeneity: $P = 0.31$; $I^2 = 15\%$

Test for overall effect: $P < 0.001$

Test for subgroup differences: $P = 0.37$



Dt. oplevede bivirkninger



THE 7 MENOPAUSAL DWARFS											
	A-17	B-42	IDEAL	DATA			Sole		ABCSG-16		
	Plc	AI		AI5	AI2.5	AI6	AI3	AI cont	AI int	AI5	AI2
Tørre slimhinder	11	10		15	13	60	54	68	66		
Knoglebrud	14	9	6	5	5	3	10	8	10	9	6.3
Compliance	63	62	60	63	58	74	66	84	95	95	60
											80

Flere knoglebrud, men kun significant i MA-17
Compliance påvirkes med længere behandling

Forlænget behandling med AI til postmenopausale patienter giver i gennemsnit:

AI efter initial tamoxifen

Signifikant forbedret DFS efter 5 års tamoxifen (MA17, NSABP-B33, 6a)



AI efter tidlige AI (2-5 år)

Borderline/ingen gavn efter tidlige 2-5 års AI (MA17R, NSABP42, IDEAL)



Pulsterapi med AI vs kont. AI

Er hverken værre eller bedre (SOLE)



Ingen overlevelsesgevinst

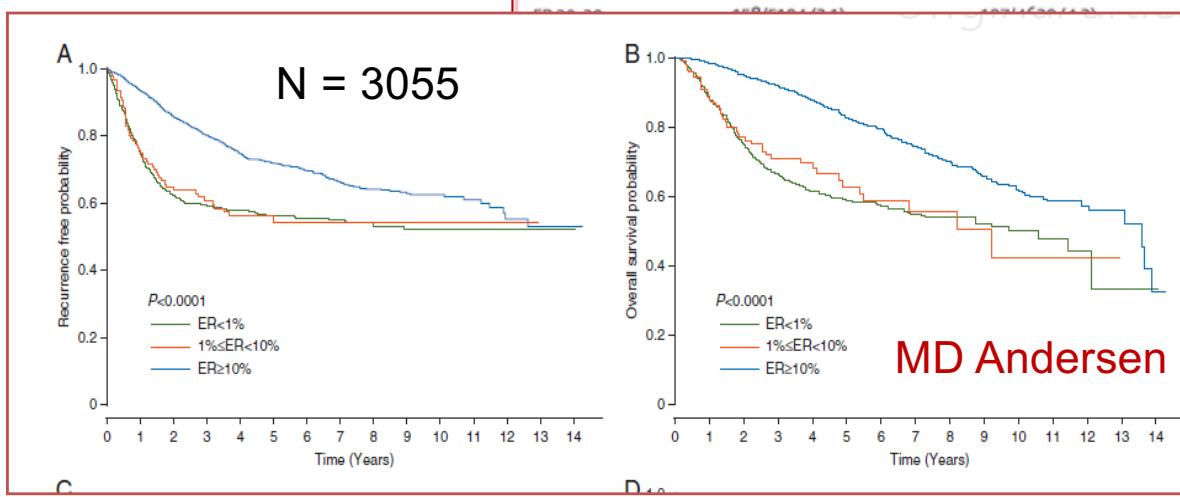
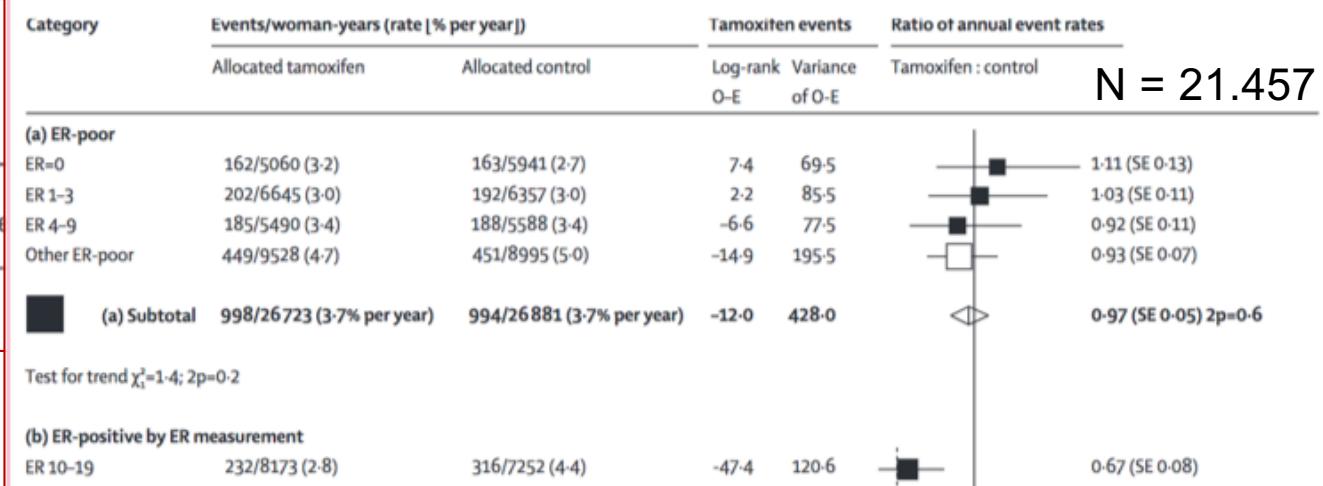
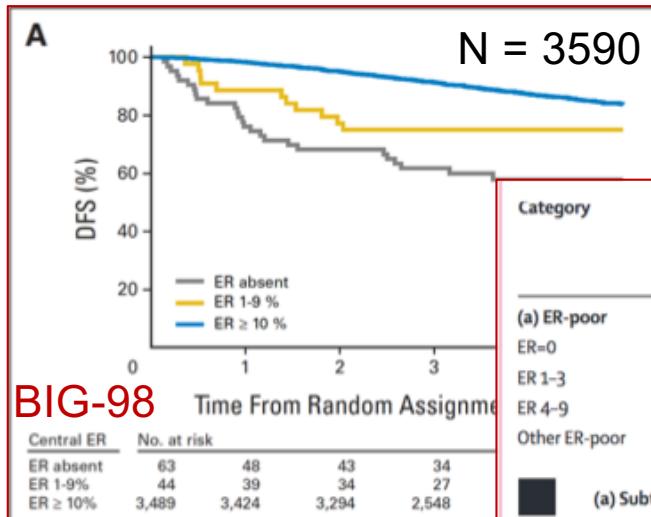


EBCTCG is in 2018 conducting a meta-analysis regarding extended AI

Pt selektion til forlænget behandling?

- Pt relaterede faktorer incl. knogle sundhed
- STEEP "**composite**" risiko rater/Q-score
- ER-status
 - ASCO guidelines: ER+ if > 1%
- Genomic Subtype (sene recidiver) + ex Q-score
 - [Ann Oncol. 2014; 25: 339-345 PAM50](#)
 - [Ann Oncol. 2015; 26: 1685-1691 PAM50](#)
 - J Clin Oncol 2015 Mar 10;33(8) PAM50
 - J Clin Oncol 2016;34:2350–8 OncotypeDX
 - J Clin Oncol 2018;57 DBCG – In press

ERpos?

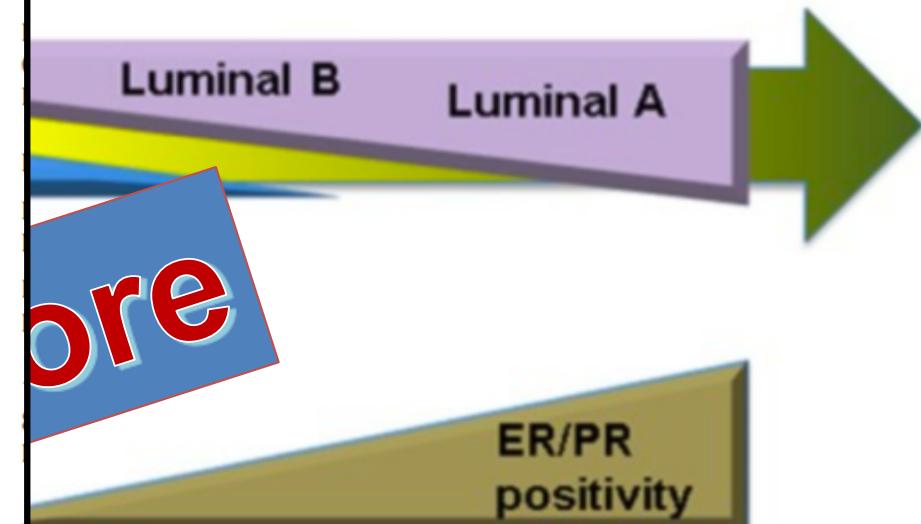


St. Gallen
Ann Oncol 2005; 16: 1569–1583
Ann Oncol 2009; 20: 1319–1329
Ann Oncol 2015; 26: 1533–1546.

Er i komb. med overmutationer ?

**Better
Prognosis**

Subtypes



**ER+|PR+|HER2+ [ER+|PR+]HER2
-
Subtypes**

	Luminal A	Luminal B
ER-positive/HER2-negative	87%	82%
HER2-positive	7%	15%
TNBC	2%	1%
p53 pathway	TP53 mut (12%) Gain of MDM2 (14%)	TP53 mut (32%) Gain of MDM2 (31%)
PIK3CA/PTEN pathway	PIK3CA mut (49%) PTEN mut/loss (13%) INPP4B loss (9%)	PIK3CA mut (32%) PTEN mut/loss (24%) INPP4B loss (16%)
RBI pathway	Cyclin D1 amp (29%) CDK4 gain (14%) Low expression of CDKN2C High expression of RB1	Cyclin D1 amp (58%) CDK4 gain (25%)
mRNA expression	High ER cluster Low proliferation	Lower ER cluster High proliferation
Copy number	Most diploid Many with quiet genomes 1q, 8q, 8p11 gain 8p, 16q loss 11q13.3 amp (24%)	Most aneuploid Many with focal amps 1q, 8q, 8p11 gain 8p, 16q loss 11q13.3 amp (51%) 8p11.23 amp (28%)
DNA mutations	PIK3CA (49%) TP53 (12%) GATA3 (14%) MAP3K1 (14%)	TP53 (32%) PIK3CA (32%) MAP3K1 (5%)
DNA methylation		Hyper-methylated phenotype for subset
Protein expression	High estrogen-signaling High cMYB RPPA reactive subtypes	Less estrogen-signaling High FOXM1 and cMYC RPPA reactive subtypes

Endokrin behandling – efter 2018

- Behandling gavner IKKE – hvis den ikke tages.
Pt. undervisning, akupunktur, motion mv
- Undgå anbefaling – “for en sikkerhede skyld”
- Finde de ”rigtige patient kategorier”, så effekt overføres til overlevelse
 - Flere samarbejdede algoritmeværktøjer – stadie, alder, patologi, molekylærer subtyper, driver mutationer mv
- Andre veje – end bare længere og mere behandling.
 - CDk4/6 inhibitorer, Check-point-inhibitorer

Endokrin behandling - forskning

- Påvisning af markører, der har betydning for
 - Primær resistens: På PRIMÆR tumor
 - Aurora kinase A, TILs?
 - Sekundær resistens: På ctDNA efter ex. 3 års endokrin behandling?
 - ESR1mut. (En konsekvens af AI behandling?)

Patienten ønsker:
Den rette behandling fra start

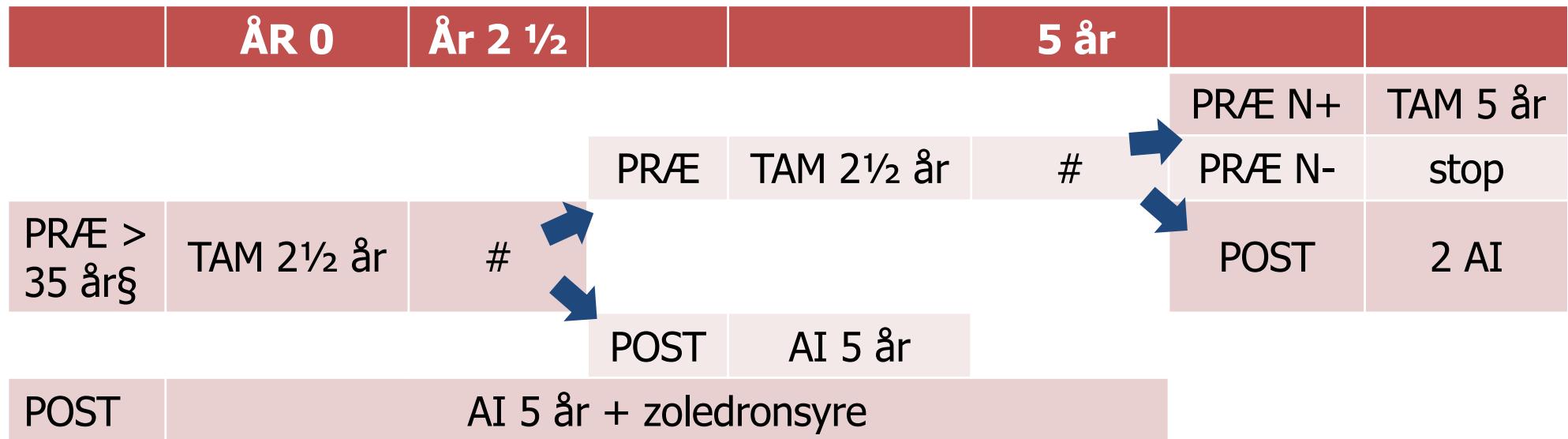
Lægen ønsker:
**Effektiv behandling uden
alvorlige bivirkninger**



Hvis dette ikke hjælper, kan De komme igen – så skal De få noget andet.
Kunne jeg så ikke ligesågoda få det andet med det samme!

Storm P

Strategi 2018



ERpos >10%?

test status

§ præ < 35 år, højrisiko, OFS + TAM/AI