Questionnaire

Name:

Patient ID number

Date:

Guide:

How to fill in the questionnaire:

1) Use a pen

2) Please, read every question and all the categories of answer to that question before you answer. Pay attention that sometimes you may tick off more than one box. If more than one tick off is allowed, it will be listed as follows: ”(Please tick off more than one box if relevant)”. Tick off the statement most in harmony with your opinion. If you make a mistake or change your mind, fill out the whole wrong box and tick off the new box.

3) Some questions are easier than others to answer. If you are in doubt, tick off the box most appropriate for you. If there are questions you are not able to or do not want to answer, then please continue to the next question.

4) Please, fill in the questionnaire according to how ***you have been feeling about yourself during the past week***.

In this questionnaire we understand pain as just something hurting. We do not distinguish between pain and something hurting.

The questionnaire is divided into the following groups of questions:

- General
- Questions regarding pain
- Questions regarding sensory disturbances or discomfort
- Questions regarding swelling and heaviness (lymph edema)
- Questions regarding restriction of function

DBCG RT Recon Trial

DANISH BREAST CANCER COOPERATIVE GROUP

PATIENT FORM

MORBIDITY, BIS

Name – Patient ID	Hospital
Day - Month - Year - No.	

Years after RT	0	2 weeks	9-15 months	6 months	1 year	2 years	3 years	4 years	5 years	10 years
	Before surgery	After primary surgery		After final recon						

Date ddmmyy

General questions

	Right-handed	Left-handed
1. Are you right-handed or left-handed?		

	No	Yes
Have you had fat transplantation in your treated breast / chest wall since last follow up visit?		
Have you had fat transplantation in your opposite breast since last follow up visit?		

Questions regarding pain

In this questionnaire we define "breast area" as either the operated breast or the area from which the breast was removed.

	No	Yes
2. Do you have pain in the area of the breast, armpit, side of the body or the arm on the side where you had surgery? If "No", please proceed to question 12 (next page).		
3. If "Yes", where do you have pain? (Please, tick yes or no for each area)		
Area of the breast		
The side of the body		
Armpit		
Arm		

	0	1	2	3	4	5	6	7	8	9	10
4. If you have pain in the **area of the breast**, how strong on average is the pain? (0 is no pain and 10 is the worst pain imaginable)											

	(Almost) every day	1-3 days a week	More rarely
5. If you have pain in the area of the breast, how often do you have this pain?			

	0	1	2	3	4	5	6	7	8	9	10
6. If you have pain on the **side of the body**, how strong on average is the pain?											

	(Almost) every day	1-3 days a week	More rarely
7. If you have pain on the side of the body, how often do you have this pain?			

	0	1	2	3	4	5	6	7	8	9	10
8. If you have pain in the **armpit**, how strong on average is the pain?											

	(Almost) every day	1-3 days a week	More rarely
9. If you have pain in the armpit, how often do you have this pain?			

	0	1	2	3	4	5	6	7	8	9	10
10. If you have pain in the **arm**, how strong on average is the pain?											

	(Almost) every day	1-3 days a week	More rarely
11. If you have pain in the arm, how often do you have this pain?			

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PATIENT FORM – QUESTIONNAIRE, page 2

Patient ID | | | - | | | - | | | - | | | | |
Day Month Year No.

Questions regarding sensory disturbances or discomfort

	No	Yes
12. Do you have sensory disturbances or discomfort in the area of the breast, armpit, side of the body or the arm on the side where you had surgery? If "No", please proceed to question 14.		
13. If "Yes", where do you have sensory disturbances or discomfort? (Please, tick yes or no for each area)		
Area of the breast		
The side of the body		
Armpit		
Arm		

Questions regarding swelling and heaviness (lymphedema)

	No	Yes
14. Does the armpit, the arm or the back of the hand, on the side where you had surgery, sometimes or always feel swollen or heavy? If "No", please proceed to question 19.		
15. If "Yes", where do you feel the armpit, arm or back of the hand is swollen or heavy? (Please, tick yes or no for each area)		
Back of the hand		
Forearm		
Upper arm		
Armpit		

	0	1	2	3	4	5	6	7	8	9	10
16. How severe are the swellings/sensation of heaviness of your armpit and/or upper arm? (0 is no swellings/sensation of heaviness and 10 is the worst imaginable swellings/sensation of heaviness)											
17. How severe are the swellings/sensation of heaviness of your forearm and/or back of your hand?											

	(Almost) every day	1-3 days a week	More rarely
18. How often does the swellings/sensation of heaviness occur?			

Questions regarding restriction of function

How do you manage the following activities compared with before your treatment for breast cancer?
(Select "Not relevant" for activities you do not perform.)

	The same way as before	The same way as before, but with difficulties/slower and/or more tired afterwards	The same way as before, but with more pain afterwards	In another way than before, for example using the other arm/both hands	Not relevant
19. Washing hair					
20. Brushing teeth					
21. Taking a bra off/on					
22. Carrying shopping bags					
23. Lifting above the height of shoulders					
24. Cleaning floors					

Questions regarding outcome of reconstruction (0 is very unsatisfied and 7 is very satisfied)

	0	1	2	3	4	5	6	7
25. Are you satisfied with the appearance of your reconstructed breast without bra?								
	0	1	2	3	4	5	6	7
26. Are you satisfied with the appearance of your reconstructed breast with bra?								
	0	1	2	3	4	5	6	7
27. Are you satisfied with the size of your reconstructed breast compared to your other breast?								
	0	1	2	3	4	5	6	7
28. Are you satisfied with the softness of your reconstructed breast?								
	0	1	2	3	4	5	6	7
29. Are you satisfied with the shape of your reconstructed breast compared to your other breast?								
	0	1	2	3	4	5	6	7
30. Are your expectations to the breast reconstruction fulfilled?								
	0	1	2	3	4	5	6	7
31. Are you all in all, satisfied with the outcome of the breast reconstruction?								